

If you do not receive a phone or email confirmation within 15 minutes, please call C3 at 866.677.3493 to confirm receipt of your order.

Please call for delivery time availability on same day orders.

## **FAX COVER**

FAX TO: 713.758.0125

<b>To:</b> Corporate Catering Concierge	Date:		
Fax: 713.758.0125	Pages:	with cover	
Company Name:			
Delivery Address:	Floor/ Suite	):	
Contact Name:			
Email Address:			
Phone Number:	Ext.:		
Cell Number:			
Number of people you will be serving	g:		
Payment By: Check Time Requested:	AMEX	Visa	MCard
Date Requested:			
Card Number:	Exp. Date:		
CVV:	Billing Zip Code:		
Comments:			-

## **Austin Healthy Foods**

## **SERVICE LEVELS**

**SPECIAL DIETARY ITEM**	\$10
Any food allergies or dietary restrictions should be noted here to ensure your meal is handled with care. The chef will prepare a meal accordingly or you can describe in detail what you would like	
JUST FOR YOU	
Ordering \$150 or More? Get a free lunch!	\$0
Place an order of \$150.00 or more (total food cost no including tax or delivery charges) and receive a complimentary lunch (value cannot exceed \$15). Your lunch will be packaged separately, with y	
PLATES AND UTENSILS	
	\$0
Complimentary Plates, Napkins, Utensils & Serving	·
Utensils \$0.00  Please include the number of guests you will be serving. We will provide the appropriate number of service items for your meal.	
STARTERS	
Guacamole and Chips	\$6.99
House made Guacamole Dip and Fresh tortilla chips	
Hummus and Veggies	\$6.99
Hummus with Pita Bread and veggies	
5 Buffalo Cauliflower Wings	

Lightly Battered Cauliflower tossed in Buffalo sauce and served with your choice of ranch or blue cheese	\$8.99
5 Asian Teriyaki Cauliflower Wings	\$8.99
Sticky Teriyaki Cauliflower wings garnished with sesame seeds and served with ranch or blue cheese.	·
SOUPS	
Chicken Tortilla Soup	\$6.99
House made tortilla soup served with tortilla strips and mixed cheese on the side	
Tomato Basil Soup	\$6.99
Flavorful Tomato Basil Soup served with Garlic Parmesan	
Croutons on the side.	
Minestrone Soup	\$6.99
Hearty Vegetable Minestrone	
SALADS	
Caprese Salad	\$9.99
Kale Caesar Salad	\$9.99
Chopped Kale and Romaine Lettuce garnished with Parmesan and Croutons, served with Caesar Dressing	
Crumbled Bleu Cheese Salad	\$9.99
Spring mix Topped with Chopped Cucumber, Dried cranberries,	
Candied Walnuts and crumbled Blue Cheese, served with Balsamic Vinaigrette	
WRAPS	
California Wrap	

Grilled chicken breast, Pico de gallo, Sliced Avocado, Chopped Bacon, Field Greens, tossed in Avocado Poblano dressing and Wrapped in a Tomato Basil Tortilla	
Steak Caesar Wrap	\$13.99
Grilled Steak, Romaine Lettuce, Tossed with Caesar Dressing and Parmesan Cheese	
Grassroots Wrap	\$12.99
Chicken Caprese Wrap	\$11.99
Grilled Chicken Breast, Chopped Tomatoes, Fresh Mozzarella, Pesto, and Field Greens Dressed with a Balsamic reduction and wrapped in a Tomato Basil Tortilla	
Buffalo Cauliflower Wrap	\$11.99
Mediterranean Veggie Wrap	\$11.99
Chopped Romaine, Cucumbers, Tomato, Crumbled Feta, Garbanzo Beans Tossed in a Citrus Vinaigrette and wrapped in a Tomato Basil Tortilla	
POWER BOWLS	
Quinoa Kale Power Bowl	\$10.99
Quinoa, Kale, Edamame, Roasted Red Peppers Served with Red wine Vinaigrette	
DG Power Bowl	\$10.99
Shredded Cabbage, Sliced Avocado, Pico de Gallo, dressed with Jalapeno Ranch	
Riced Cauliflower Power Bowl	\$10.99
Riced Cauliflower, Garbanzo beans, Roasted Red peppers, and Chopped Kale Tossed in Pesto, and garnished with Balsamic Glaze	

## **KETO PLATES**

Grilled Steak Tips	\$18.99
Grilled Filet Tip Skewers served with Choice of side.	
Chicken Breast	\$16.99
Two Grilled Chicken Breasts served with Choice of side	
Sauteed Shrimp	\$16.99
10 Blackened Shrimp served with Choice of side.	
Grilled Tofu	\$15.99
8 oz of Grilled Tofu Sliced and served with Choice of side.	Ψ10.00
A LA CARTE	
Steak Tips with Peppers and Onions	\$7.99
Clicad Chiakan Brasst	\$4.99
Sliced Chicken Breast	<b>4.33</b>
SIDES	
Fruit Cup	\$3.99
Roasted Cauliflower	\$3.99
Roasted Caulillower	<b>Ф</b> 3.33
Granny Smith Apple	\$2
Bag of Chips	\$2.99
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BEVERAGES	
Gallon- Unsweet Tea	\$12.99
Includes Cups, Sweetener and Lemons.	

Gallon- Sweet Tea	\$12.99
Includes Cups, Sweetener and Lemons.	
Gallon- Lemonade	\$14.99
Includes Cups.	
Coke	\$2.99
Diet Coke	\$2.99
Sprite	\$2.99
Dr. Pepper	\$2.99
Bottled Water	\$1.99