

CORPORATE
CATERING
CONCIERGE

If you do not receive a phone or email confirmation within 15 minutes,
please call C3 at 866.677.3493 to confirm receipt of your order.

Please call for delivery time availability on same day orders.

FAX COVER

FAX TO: 713.758.0125

To: Corporate Catering Concierge Date: _____

Fax: 713.758.0125 Pages: _____ with cover

Company Name: _____

Delivery Address: _____ Floor/ Suite: _____

Contact Name: _____

Email Address: _____

Phone Number: _____ Ext.: _____

Cell Number: _____

Number of people you will be serving: _____

Payment By: Check AMEX Visa MCard

Time Requested: _____

Date Requested: _____

Card Number: _____ Exp. Date: _____

CVV: _____ Billing Zip Code: _____

Comments: _____

Muscle Maker Grill

SERVICE LEVELS

_____ **Set Up Service** **\$75**

Our staff will set-up with real chafing dishes, all serving pieces and have everything ready to enjoy at your required start time. Then our staff person will return the same day to pick everything

_____ ****SPECIAL DIETARY ITEM**** **\$10**

Any food allergies or dietary restrictions should be noted here to ensure your meal is handled with care. The chef will prepare a meal accordingly or you can describe in detail what you would like

JUST FOR YOU

_____ **Ordering \$150 or More? Get a free lunch!** **\$0**

Place an order of \$150.00 or more (total food cost no including tax or delivery charges) and receive a complimentary lunch (value cannot exceed \$15). Your lunch will be packaged separately, with y

PLATES AND UTENSILS

_____ **\$0**

Complimentary Plates, Napkins, Utensils & Serving Utensils

Please include the number of guests you will be serving. We will provide the appropriate number of service items for your meal

SALAD BOX LUNCHES

_____ **Hollywood Salad Box Lunch (GF)**

Grilled chicken breast, turkey bacon, reduced fat cheddar, tomatoes, onions and our zero carb signature dressing over a power blend of romaine, spinach and baby kale, served with your choice of si **\$9.99**

_____ Italiano Salad Box Lunch (GF) \$9.99

Grilled chicken breast, reduced fat mozzarella and roasted red peppers over a power blend of romaine, spinach and baby kale, with gluten free and fat free balsamic vinaigrette, served with your cho

_____ Mardi Gras Grilled Chicken Salad Box Lunch (GF) \$9.99

(5 Minimum) Cajun seasoned grilled chicken, turkey bacon, tomatoes, onions and low-carb salsetta on a power blend of romaine, baby kale and spinach, served with your choice of side.

_____ Kale & Quinoa Salad Box Lunch \$9.99

Grilled chicken breast, white quinoa, roasted red peppers, avocado, Asian sesame ginger dressing on a power blend of romaine, baby kale and spinach, served with your choice of side.

_____ Asian Sesame Ginger Salad Box Lunch \$9.99

Grilled chicken, tomatoes, cucumbers, red onions, sesame seeds, craisins, avocado and Asian sesame ginger dressing on a power blend of romaine, baby kale and spinach, served with your choice of sid

_____ Steak Caesar Salad Box Lunch (GF) \$12.99

(5 Minimum) Grilled steak and zero-carb Caesar dressing on a power blend of romaine, baby kale and spinach, served with your choice of side.

_____ Turkey Taco Salad Box Lunch (GF)

(5 Minimum) Lean ground turkey, red beans and reduced fat cheddar cheese over a power blend of romaine, spinach and baby kale, with salsa and fat free sour cream, served with your

choice of side. **\$9.99**

_____ Kale & Quinoa Salad Box Lunch (Vegetarian) **\$9.99**

(5 Minimum) White quinoa, roasted red peppers, avocado, Asian sesame ginger dressing on a power blend of romaine, baby kale and spinach, served with your choice of side.

PASTA BOX LUNCHES

_____ Penne Romano Box Lunch **\$9.99**

Grilled chicken breast in a reduced fat vodka sauce, garnished with a pinch of Parmesan over whole wheat penne pasta. Served with your choice of side.

_____ Penne Romano Box Lunch (Vegetarian) **\$9.99**

Veggies with a reduced fat vodka sauce, garnished with a pinch of Parmesan over whole wheat penne pasta. Served with your choice of side. Served with your choice of side.

_____ Champion Box Lunch **\$9.99**

Grilled chicken breast and turkey meatballs with reduced fat mozzarella and marinara over whole wheat penne pasta. Served with your choice of side.

_____ Champion Box Lunch (Vegetarian) **\$9.99**

Veggies, reduced fat mozzarella and marinara over whole wheat penne pasta. Served with your choice of side. Served with your choice of side.

_____ Cajun Chicken & Penne Pasta Box Lunch **\$9.99**

Cajun seasoned grilled chicken breast in a red wine and brown sauce, served over whole wheat penne pasta and garnished with tomatoes and scallions. Served with your choice of side.

_____ Cajun Steak & Penne Box Lunch

Cajun seasoned grilled steak in a red wine and brown sauce, served over whole wheat penne pasta and garnished with

tomatoes and scallions. Served with your choice of side. **\$12.99**

_____ Cajun Penne Box Lunch (Vegetarian) \$9.99

Cajun seasoned veggies, red wine brown sauce, tomatoes and scallions over whole wheat penne pasta. Served with your choice of side.

BOWL BOX LUNCHES

_____ Arizona Chicken Bowl Box Lunch (GF) \$10.99

Grilled chicken breast and turkey bacon over brown rice with tomatoes, scallions and gluten free zero carb signature sauce. Served with your choice of side.

_____ Arizona Steak Bowl Box Lunch (GF) \$13.99

Grilled steak and turkey bacon over brown rice with tomatoes, scallions and gluten free zero carb signature sauce. Served with your choice of side.

_____ Teriyaki Stir Fry Bowl Box Lunch \$10.99

(5 Minimum) Grilled chicken breast, portabella mushrooms, onions , peppers, carrots and sesame seeds in a rich teriyaki sauce over brown rice. Served with your choice of side.

_____ Teriyaki Steak Stir Fry Bowl Box Lunch \$13.99

(5 Minimum) Grilled steak, portabella mushrooms, onions , peppers, carrots and sesame seeds in a rich teriyaki sauce over brown rice. Served with your choice of side.

_____ Teriyaki Bowl Box Lunch (Vegetarian) \$10.99

(5 Minimum) Portabella mushrooms, onions , peppers, carrots and sesame seeds in a rich teriyaki sauce over brown rice. Served with your choice of side.

_____ El Mexicana Bowl Box Lunch (GF)

Fajita grilled chicken breast, sizzling onions and peppers, reduced fat cheddar cheese and salsa over brown rice and

beans. Served with your choice of side. **\$10.99**

_____ El Mexicana Steak Bowl Box Lunch (GF) **\$13.99**

Fajita grilled steak, sizzling onions and peppers, reduced fat cheddar cheese and salsa over brown rice and beans. Served with your choice of side.

_____ Turkey Chili Bowl Box Lunch (GF) **\$10.99**

(5 Minimum) Lean ground turkey, red beans, reduced fat cheddar cheese, salsa and fat free sour cream over brown rice. Served with your choice of side.

_____ Godfather Bowl Box Lunch (GF) **\$10.99**

Grilled chicken breast, portabella mushrooms, roasted red peppers and reduced fat mozzarella over a bed of broccoli in a gluten free and fat free balsamic vinaigrette. Served with your choice of si

_____ Godfather Bowl Box Lunch (Vegetarian) **\$10.99**

Portabella mushrooms, roasted red peppers and reduced fat mozzarella over a bed of broccoli in a gluten free and fat free balsamic vinaigrette. Served with your choice of side.

_____ Flex Bowl Box Lunch **\$10.99**

Grilled chicken breast and brown rice. Served with your choice of side.

_____ Fit Bowl Box Lunch (GF) **\$10.99**

Grilled chicken breast and broccoli. Served with your choice of side.

SALAD TRAYS

_____ Asian Sesame Ginger Salad **\$24**

(Serves 10) Tomatoes, cucumbers, red onions, sesame seeds, craisins, avocado and Asian sesame ginger dressing on a power blend of romaine, baby kale and spinach.

_____ **Kale and Quinoa Salad** **\$24**

(Serves 10) White quinoa, roasted red peppers, avocado, Asian sesame ginger dressing on a power blend of romaine, baby kale and spinach.

_____ **Caesar Salad (Gluten Free)** **\$24**

(Serves 10) Parmesan cheese and zero-carb Caesar dressing on a power blend of romaine, baby kale and spinach.

_____ **Italiano Salad (Gluten Free)** **\$24**

(Serves 10) Part-skim mozzarella, roasted red peppers and gluten and fat free balsamic vinaigrette on a power blend of romaine, baby kale and spinach.

_____ **Cucumber Salad** **\$24**

(Serves 10) Cucumbers, onions and oregano with low-fat Italian dressing.

ENTREES

_____ **Arizona (Gluten Free)** **\$65**

(Serves 10) Chicken, turkey bacon, tomatoes, scallions and zero-carb signature sauce over brown rice.

_____ **El Mexicana (Gluten Free)** **\$65**

(Serves 10) Chicken, onions and peppers, reduced-fat cheddar cheese, salsa, tomatoes and scallions over brown rice.

_____ **Godfather (Gluten Free)** **\$65**

(Serves 10) Chicken, portabella mushrooms, roasted red peppers, part-skim mozzarella, gluten and fat-free balsamic vinaigrette over broccoli.

_____ **Teriyaki Stir-Fry** **\$65**

(Serves 10) Chicken, portabella mushrooms, onions and peppers, carrots, sesame seeds and teriyaki sauce over brown rice.

_____ **Cajun Chicken and Penne** **\$65**

(Serves 10) Cajun chicken, red wine brown sauce, tomatoes and scallions over whole wheat penne pasta.

_____ **Vegetarian Teriyaki Stir Fry** **\$65**

(Serves 10) Portabella mushrooms, onions and peppers, carrots, sesame seeds and teriyaki sauce over brown rice.

_____ **Vegetarian Cajun Pasta** **\$65**

(Serves 10) Cajun seasoned veggies, red wine brown sauce, tomatoes and scallions over whole wheat penne pasta.

SIDES

_____ **Brown Rice** **\$25**

(Serves 10)

_____ **Vegetable Medley** **\$25**

(Serves 10) Steamed broccoli, cauliflower and carrots.

_____ **Pasta Salad** **\$25**

(Serves 10) Tricolor pasta with mixed vegetables and No-Fat Italian dressing.

_____ **Steamed Broccoli** **\$25**

(Serves 10)

_____ **Brown Rice and Beans** **\$25**

(Serves 10)

_____ **Baked Potato** **\$25**

(Serves 10)

SNACKS

_____ Beef Meatballs	\$25
(Serves 10-12)	

_____ Grilled Chicken Strips	\$25
(Serves 10-12)	

_____ Power Crunch Protein Bar	\$3
Assorted Flavors	

_____ Pringles	\$1.5
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_____ Skinny Pop Popcorn	\$1.5
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DESSERTS

_____ Lenny and Larrys Large Cookies	\$3
Assorted Flavors	

_____ Cheesecake (Slice)	\$3.99
No sugar and no sugar substitute added cheesecake.	

_____ Cheesecake (Whole)	\$59
(Serves 16) No sugar and no sugar substitute added cheesecake.	

BEVERAGES

_____ Pepsi	\$2
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_____ Diet Pepsi	\$2
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_____ Mist Twist	\$2
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_____ Bottled Water	\$2
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_____	Lipton Pure Leaf Tea	\$2
_____	Gatorade	\$2
_____	Rockstar Energy Drink	\$3
_____	Iced Tea (Gallon)	\$13.95
	Includes cups, ice, lemons and sweeteners.	
_____	Sweet Tea (Gallon)	\$13.95
	Includes cups, ice and lemons	